

10.7. Practicing the Preparation of the La Stone of Black Hayagriva, Protector of the Teachings

Praise to the guru, deva, dakini! Hum!

I prostrate before the assembly of the dregpa, the lords of the mantra!

Such is the method of lining up the La stone, the oral instructions for the formation of friendship that does not disappear, which is like body and shadow, for the yogin along with the chakra of the black Hayagriva. There are five aspects of the power of the black Hayagriva without white lines [or marks] in [the precepts] of the chief stone of La:

- Let us depict in gold the mantra of the life force on the skin of the hearts of the dagger-killed man and woman and keep, bound together;
- as La stone of mother depict with silver the mantra of the life force on the inside of the artery of the heart, which is without damage and decay, [that is taken from a dead] adult male. Having done so, bind it with multicolored silk, filling the multicolored silk with jewels, grains, and medicines. Having done so, keep.
- as a stone of the son portray with copper the mantra of the life force inside the mouthpiece of the adult mongoose. Fill with various medicines, grains, fine silks, jewels, and various kinds of food. Tie with satin and keep.
- as a La stone of eighth classes, use that which has sprung from the larger stones. Draw the seeds [of the syllables of the eight classes] in ink on a piece of bitumen, a crystal, a piece of bronze, pearls, coral, amber, gold, silver, and whitewash. Having done so, wrap individually in multicolored silk. Put it in a skin-skin and keep it.

Then put inside the large gau of copper in the middle and on the edges of the stones of La.

Additionally fill with substances of acceptable bases, etc. When the external, internal and secret practice, put in a hole of homa, the middle of the mandala. When you do so, call into the stones of the life force separate consciousness and body, speech and mind. When you have done this, dissolve them.

During outer practice, set torma on the sides. When you have done so, when you have completed the practice, keep it on the left side in the armpit without separating it from the body. Through this, the black Hayagriva together with the retinue will [appear as] the retinue like a shadow at the body and form harmonious conditions. Carry out a variety of activities, such as eliminating opposing conditions, etc.

Samaya. The symbol is dissolved. Seal. Seal. Seal.

Terma of terton Sangye Lingpa.

Translated by Lama Dondrub Dorje Tulku.